# Innovative Resources THE EARLY YEARS VALUE PACKS

#### SCHOOL READINESS FUNDING? YES, WE ARE ON THE MENU OF REGISTERED SUPPLIERS

Innovative Resources has created four value packs bursting with original, colourful, fun-filled card packs, books and tactile resources for building social and emotional literacy in the early years.

## **RESPECTFUL RELATIONSHIPS**



#### SCHOOL READINESS FUNDING? YES, WE ARE ON THE MENU OF REGISTERED SUPPLIERS.

Making friends comes absolutely naturally to many children. But even young children may find forming friendships a highly complex business, overlaid with social rules and expectations. The resources in this pack will help children to develop respectful, inclusive relationships, build friendships and value others and includes:

#### CAT NO: 1122 RRP: \$257.00 (SAVE \$44.95)

#### VALUE PACK CONTENTS:

- Cars 'R' Us (cards)
- The Wrong Stone (picture book)
- Can-Do Dinosaurs (cards)
- Pocket of Stones (tactile)
- Funky Fish Feelings (cards)
- Mates Traits (cards and colouring book)
- Stones... Have Feelkings Too! (stickers)

## **MANAGING FEELINGS**



Learning to recognise and manage our feelings is the heart of emotional learning. This pack has been curated to help children develop these essential skills with resources that focus on emotions, strengths and body signals. Fabulous animal characters that children love are a feature of this pack which includes:

#### CAT NO: 1123 RRP: \$275.00 (SAVE \$48.75)

#### VALUE PACK CONTENTS:

- The Bears (cards)
- The Bears (stickers)
- Body Signals<sup>®</sup> (cards)
- Funky Fish Feelings (cards)
- Byron and the Chairs (picture book)
- Anxiety Solutions for Kids (cards)
- Stones...Have Feelings Too! (cards)
- Stones...Have Feelings Too! (stickers)

## **SUPPORTING FAMILIES**



Anticipating and meeting the sometimes complex developmental needs of children takes skill, energy and commitment. To nurture children well, parents, carers and early childhood educators must also take care of themselves. This pack has been designed to support adults who care for children, perhaps while also navigating challenges of their own and includes:

#### PRODUCT CODE: 1132 RRP: 250.00 (SAVE 42.64)

#### VALUE PACK CONTENTS:

- · Positive Parenting Cards (cards)
- The Bears cube x 3 (tactile)
- Two Worlds (cards)
- Choosing Strengths (cards)
- Rainbow Talk (cards)
- Rosy & Jack (picture book)
- Mixed stickers pack

### **TRAUMA INFORMED CARE**



Every child faces difficulty from time to time, but unfortunately many also experience significant trauma including abuse and family separation. This is when extra support is greatly needed. Here is a collection of resources developed from a strengths based, solutions-focussed and trauma informed practice for supporting children with challenges great and small. It includes:

#### PRODUCT CODE: 1125 RRP: \$289.00 (SAVE 50.90)

#### VALUE PACK CONTENTS:

- Tell A Trusted Adult (cards)
- Can-Do Dinosaurs (cards)
- Body Signals<sup>®</sup> (cards)
- Anxiety Solutions for Kids (cards)
- Cars 'R' Us (cards)
- Strength Cards for Kids (cards)
- Mixed stickers pack

**SCHOOL READINESS FUNDING?** 

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#### **TELL A TRUSTED ADULT** Cards and lesson plans for teaching children to recognise body signals and be safe

Using beautiful, gentle artwork, *Tell a Trusted Adult* is a resource created by experienced educators, Sharon Hynes and Kat Meda, to help teachers explore the challenging topic of child safety in simple, fun and respectful ways. An important aspect of teaching child safety and empowering children to stay safe is helping them to recognise their body signals. This set includes 13 pairs of cards showing different body signals and associated emotions. And most importantly, children learn this key message – tell a trusted adult when you feel unsafe, anxious or worried. The card set also includes 9 activity cards and a comprehensive booklet. Both the activity cards and the booklet include a huge range of activities that you can use immediately with children.

CAT NO: 4980 \$55.00

### ONLINE WORKSHOP: TOOLS FOR BUILDING SOCIAL AND EMOTIONAL LITERACY IN THE EARLY YEARS

In this highly-engaging workshop, delivered over four 90 minute sessions (or timed to suit), we explore diverse range of original resources developed especially for building social and emotional literacy in children. The resources are tools for generating change and strategies to encourage children to recognise body signals, sooth worry and anxiety, build strengths and resilience, navigate and regulate emotions, build respectful relationships, and challenge gender stereotypes.

Participants will:

explore tools for teaching children to recognise and talk about body signals and feelings

discover how body signals can be used to help teach children protective behaviours

learn some simple, fun activities children can do to self-soothe worry or anxiety

learn core strengths-based, solution-focused practice principles and skills to support your work with young children.

#### Your Facilitator:

Our training is provided by Alison Krusec. With over 30 years' experience working with children and families in a range of settings, Alison is the ideal person to support your team in building their social and emotional literacy toolkit, and can tailor training around the needs of your centre.

Contact Alison to discuss your team's requirements -

<u>Alison@innovativeresources.org</u>

### WORRIES AND FEARS IN THE EARLY YEARS: ONLINE TOOLS WORKSHOP

Join us for a 2 hour focus on solutions that can ease moments of anxiety and worry in pre-school children. We cover the signs and symptoms of anxiety in children, and work though a range of tools and strategies that draw on strengths based, solutions focused, mindfulness, and experiential approaches.

Discover a range of tactics that are fun and effective, and take away a curated collection of simple visual resources.

Contact Alison to discuss your team's requirements -

Alison@innovativeresources.org

### Worries and Fears in the Early Years ONLINE TOOLS WORKSHOP



To purchase our resources, please visit our website, phone or email us. Phone: (03) 5446 0500 Email: info@innovativeresources.org Website: www.innovativeresources.org

## YOU MIGHT ALSO LIKE ...



### **SELF-CARE CARDS**

Exquisite cards for exploring and practicing self-care

We can't look after others if we don't know how to look after ourselves. These beautifully illustrated cards encourage the art of 'noticing' – noticing how you're doing, what you're feeling, what your own insights are revealing about what's working well and what to do differently to support self-care. Great for staff meetings, supporting colleagues and professional development.

#### CAT NO: 4936 \$55.00



### **STICKERS**

8 %

Add to the experience with a sticker! Stickers may be little, but they can say a lot.

Kids love stickers. Stickers are fun, versatile and tactile. They are a great tool for children beginning to develop their vocabulary for recognising and speaking about emotions and body signals.

We have doubled the number of stickers in packs! So now you can have twice the fun talking to kids about their strengths and feelings. They are also portable so you can take them anywhere, making them easy to whip out to do a quick activity or have some fun on the fly.

 THE BEARS
 480 stickers

 CAT NO: 0251
 \$12.90

STRENGTH CARDS 540 stickers CAT NO: 0151 \$18.90

STRENGTHS CARDS FOR KIDS 400 stickers CAT NO: 0520 \$18.90

STONES...HAVE FEELINGS TOO! 520 stickers CAT NO: 3950 \$18.90



### THE KIDS SKILLS PACK

Take a playful and practical approach to solving difficulties faced by children. These resources show how to convert problems into skills and invite children to become active participants in skillbuilding and solution-finding.

Limited offer, expires 31 Oct. Pack contains Kids' Skills, Kids' Skills in Action and the Kids' Skills Skills book (pdf)

#### CAT NO: 1126 \$45.00

# **TACTILE RESOURCES**

To help build emotional intelligence in children



#### THE BEARS TACTILE CHARACTERS

Fall in love with these five adorable tactile characters from *The Bears*.

CAT NO: 0750 \$36.00



#### THE BEARS CUBE

A cube full of delightful characters from the famous card set for talking about feelings

CAT NO: 0775 \$19.90

#### A POCKET OF STONES

Twelve hand-crafted, ceramic faces for play therapy and family work.

CAT NO: 0700 \$36.00



#### KOALA COMPANY Therapy Ball

Soft and easy to catch, this Therapy Ball will help get a 'feelings conversation' rolling!

CAT NO: 3060 \$2

\$22.50

**Innovative** Resources

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