

Presents

TOOLS FOR BUILDING SOCIAL & EMOTIONAL LITERACY IN THE EARLY YEARS



In this highly-interactive workshop we explore a diverse range of Innovative Resources' original tools, developed especially for building social and emotional literacy in early childhood.

Develop your skills with these tools in this practical workshop designed especially for early childhood educators - *Tools for Building Social and Emotional Literacy in the Early Years*.

The workshop explores:

- navigating and regulating emotions
- developing strengths and resilience
- building respectful relationships
- supporting adults caring for children—including self-care and parenting.

You will:

- take away practical everyday ideas for using the tools
- explore tools for teaching children to recognise and talk about body signals and feelings
- discover how body signals can be used to help teach children protective behaviours
- get some simple, fun activities children can do to self-soothe worry or anxiety
- learn core strengths-based, solution-focused practice principles and skills to support your work with young children.

**Training can be delivered virtually or in person and customised to fit.
Discuss your training needs with Alison Krusec**

**e: training@innovativeresources.org
t: 03 9781 6730**

