

You are warmly invited to our...
MINI WORKSHOP & LAUNCH

— *Tools For* —



Eating Disorders

& Other Shadowy Companions

In this interactive and celebratory workshop we will explore ways to use an exciting new card set—*Eating Disorders & Other Shadowy Companions*. Guided by author, Danni McDougall, and three delightfully-engaging characters created by artist Fiona Mansfield, we will experiment with using the cards to challenge the silence and shame surrounding eating disorders, and gently suggest ways forward. We will also experiment with other resources for supporting people living with an eating disorder, and their families.

WHEN: Thursday 19 March 2020, 1pm—4pm.

WHERE: St Luke's Innovative Resources,
62 Collins Street Kangaroo Flat Vic 3555
(free parking on site)

COST: \$60 pp (includes complementary set of the
Eating Disorders cards and afternoon tea)

FACILITATORS: Danni McDougall, author, arts therapist and senior mental health practitioner with Karen Bedford, managing editor at St Luke's Innovative Resources.

Please register: innovativeresources.org/training/training-calendar/
Or phone: 03 5446 0500



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w: innovativeresources.org

