



Understanding trauma and brain development

STAFF SELF-ASSESSMENT TOOL



Loddon's Commitment to Supporting Families

Our shared core competencies

For staff who do not work directly with clients (tier 3)

In 2017, the Loddon Children & Youth Area Partnership identified four 'pillars of competency' that are essential in supporting vulnerable children, young people and families.

The purpose of this tool is to:

- assist staff whose role does not require them to work with children, young people and/or their families to assess levels of competence in the four pillars
- facilitate discussions between staff and managers about any professional development and training needs in relation to competency
- provide a baseline for tracking progress in building competency over time

The Tier 3 staff self-assessment tool is for staff whose role does not require them to work with children, young people and/or their families (i.e. less than 10% of their time).

Name:

Role/Position:

Email:

Phone:

Understanding trauma and brain development

This competency includes training related to brain science, and the effect of trauma on brain development and behaviour. A common example is 'trauma informed care' training. This competency means knowing how to deliver effective care to people with trauma histories, create a safe environment and prevent secondary traumatic stress in staff.

Check the appropriate box:

I have completed activities to increase my understanding of this competency

I have not completed any activities to increase my understanding of this competency

Yes No I have a good understanding of the organisation's rationale for building this competency

For each statement below check the appropriate box:

	Often	Sometimes	Rarely/ Not at all	Not Applicable
I have accessed the online information about this competency (e.g. resources, Fact Sheets)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I direct people to the appropriate individuals in the organisation if assistance is required	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>