

TOOLS FOR WORKING WITH FAMILY VIOLENCE

In this highly interactive workshop we will explore a wide range of original tools that can be used by anyone working with family violence, whether in specialist services or in any context where conversations about family violence may arise. The current and long overdue focus on family violence, both in Australia and overseas, means that conversations about violence in the home have never been more salient. While we know that most physical violence in the home is perpetrated by a male intimate partner, family violence goes beyond physical assault and into the domains of financial control, emotional abuse, gender, sexuality, decision-making, communication and more. Alongside understanding what constitutes family violence, we need to spend as much time considering what determines a respectful relationship.



AUDIENCE

This one-day workshop is suitable for anyone working in specialist family violence services or in child, youth, family and mental health programs, as well as counsellors, psychologists and educators. Sports clubs, schools, community groups and organisations also have a role to play in educating about family violence and building cultures of respect.

CONTENT

In this workshop we will explore resources for:

- Reducing stress in the home
- Recognising body signals and exploring emotions
- Working with youth when they may be experiencing violence in the home
- Identifying and mobilising strengths
- Exploring the nature of respectful relationships
- Negotiating and planning change
- Using storytelling and narrative approaches when working with families.

OUTCOMES

Participants will have the opportunity to:

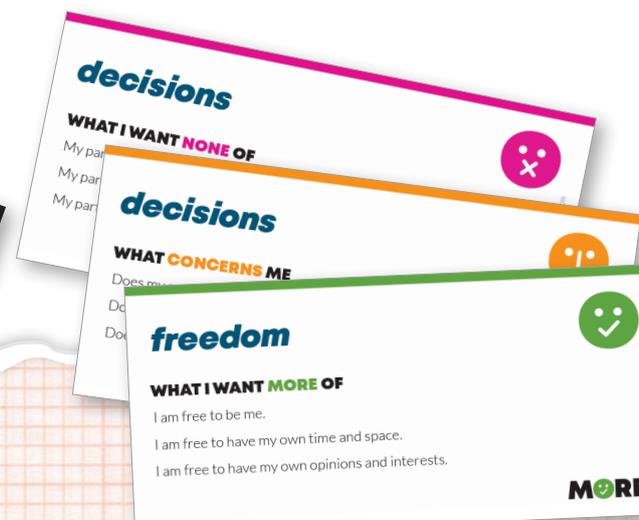
- Learn more about what constitutes family and intimate partner violence and take conversations beyond physical harm
- Practise using resources that enable conversations about what determines respectful relationships
- Increase awareness of how 'body intelligence' and 'emotional intelligence' form 'emotional literacy' and play a role in working with family violence
- Draw on different learning styles including using visual materials and simple, fun writing techniques
- Practise solution-focussed questioning techniques when using resources
- Reflect on self-care strategies (to support clients and themselves as practitioners)
- Practice strengths-based skills such as externalising, normalising and reframing.

RESOURCES USED IN THE WORKSHOP

Resources used in the workshop will be drawn from the following*:

Anxiety Solutions for Kids, Anxiety Solutions (Adults), Body Signals, No Room for Family Violence, Positive Parenting, Storycatching, Shadows and Deeper Shadows, Next Steps, Reflexions, Choosing Strengths, Two Worlds, Growing Well, Self-Care Cards, Paperworks, Rainbow Fox, Gender Fairness.

(*Resources purchased on the day will attract 10% discount)



Tools for Working With Family Violence Registration Form



Please email registration form and payment to: training@innovativeresources.org

Name (one form per person):

Organisation:

Address: Postcode:

Phone: (.....)..... Fax: (.....).....

Email:

Special Dietary Requirements:

Full payment is required at time of registration to secure your place.

Payment by: Invoice (organisations only).

Visa card Master card

Card Number _____ / _____ / _____ Expires _____ / _____ CW No. _____

Full name on card _____ Signature _____

Date	Workshop	Location	Cost
Monday 17 June 2019; 9.30am—4.00pm	Tools for Working With Family Violence	Innovative Resources Training Room 62 Collins Street, Kangaroo Flat Bendigo, Victoria 3555	\$240 per person Includes GST. (Resources purchased on the day will attract 10% discount)

Presenters: Andrew Shirres and Phil Watson (please see our website for bios).

For more information, please phone (03) 5446 0500 or email info@innovativeresources.org

www.innovativeresources.org

Train: We run a free transit service from the Kangaroo Flat railway station (on the Melbourne to Bendigo line). Just let us know what time your train gets in and we will collect you.

Parking: Free parking available on site.

Catering: Morning and afternoon tea, and lunch will be provided. Please advise of any special dietary requirements.

St Luke's Innovative Resources, 62 Collins Street, Kangaroo Flat, Victoria 3555.

CANCELLATION POLICY: Registrations cancelled more than five working days prior to the commencement of the workshop will incur a 25% administration fee. Registrations cancelled less than five working days prior to the commencement of the workshop will not be refunded. Workshops may be cancelled should participant numbers be insufficient. Innovative Resources will notify participants as soon as this decision is made and a full refund will be provided.

NOTE: Unless otherwise requested, your name and address may be added to our mailing list.