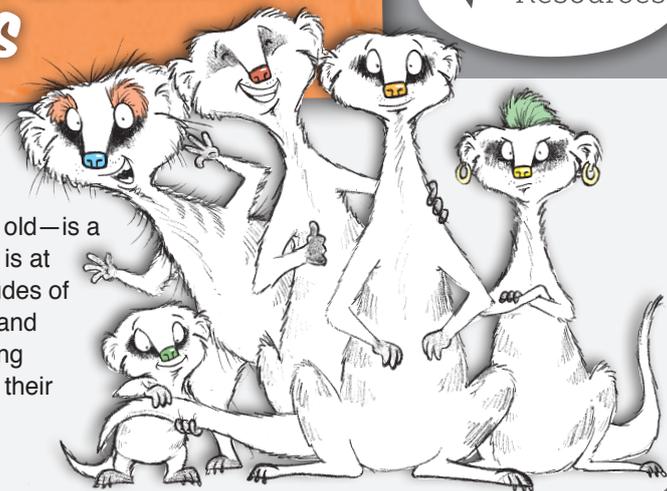


TOOLS FOR BUILDING SOCIAL & EMOTIONAL LITERACY IN THE EARLY YEARS

In this highly-interactive workshop we will explore a diverse range of original tools developed especially for building social and emotional literacy in early childhood. The early years—from birth to eight years old—is a time when remarkable growth is taking place and brain development is at its peak. Children begin to mirror the language, behaviours and attitudes of people around them. They internalise concepts about their potential and place in life. This includes ideas about gender and culture. By teaching children skills for navigating their internal world of feelings as well as their external world of connection with others, we support them to lay the foundations of life-long resilience.



AUDIENCE

This one-day workshop is suitable for anyone who works with children in the early years including pre-school and early primary teachers, childcare workers, social workers offering child and family services, out-of-home carers, parents and other carers of young children.

CONTENT

In this workshop we will explore resources for:

- Recognising body signals
- Soothing worry and anxiety
- Building strengths and resilience
- Navigating and regulating emotions
- Moving through change and transitions
- Building respectful relationships and challenging stereotypes
- Supporting adults caring for children—including resources for talking about self-care, parenting and family violence.

OUTCOMES

Participants will have the opportunity to:

- Take away immediately applicable ideas for using resources to build social and emotional literacy with children
- Experiment with resources for teaching children to recognise and talk about body signals and feelings
- Learn more about supporting children who are experiencing disadvantage or vulnerability
- Consider a definition of 'emotional literacy' that includes emotional intelligence (EQ) and body intelligence (BQ)
- Discover how body signals can be used to help teach children protective behaviours
- Learn some simple, fun activities children can do to self-soothe worry or anxiety (the most prevalent mental health condition in Australia)

- Explore tools for building respectful relationships, celebrating cultural and gender diversity, and challenging stereotypes
- Learn some strengths-based, solution-focused principles and skills (such as reframing and externalising) to support their work with young children
- Take away some ideas for creating a 'strengths culture' in classrooms and families
- Reflect on self-care strategies (to nurture children, early childhood educators must also care for themselves!).

RESOURCES USED IN THE WORKSHOP

Resources used in the workshop will be drawn from the following*:

- Card sets: *Body Signals*, *Anxiety Solutions for Kids*, *Baby Strengths*, *Strength Cards for Kids*, *Can-Do Dinosaurs*, *Mates Traits*, *The Kangas*, *The Koalas*, *Two Worlds*, *Positive Parenting*, *Self-Care Cards* and *No Room For Family Violence*.
- Tactile resources: *Bears Cube*, *Koala Therapy Ball*, *Bears Characters*, *Pocket of Stones*, *PaperWorks*, and *stickers*.
- Picture books: *Rainbow Fox*, *Play Together Learn Together*, *The Wrong Stone*, *Captain Grumpy*, *Violet's Voice*, *Byron and the Chairs*, *Rosy and Jack*, *Storm in a Teacup* and *Kids Skills* (book and workbook).

(*Resources purchased on the day will attract 10% discount)



Tools for Building Social & Emotional Literacy in the Early Years Registration Form



Please email registration form and payment to: training@innovativeresources.org

Name (one form per person):

Organisation:

Address: Postcode:

Phone: (.....) Fax: (.....)

Email:

Special Dietary Requirements:

Full payment is required at time of registration to secure your place.

Payment by: Invoice (organisations only).

Visa card Master card

Card Number _____ / _____ / _____ Expires _____ / _____ CW No. _____

Full name on card _____ Signature _____

Date	Workshop	Location	Cost
Thursday 30 May 2019; 9.30am—4.00pm	Tools for Building Social & Emotional Literacy in the Early Years	Innovative Resources Training Room 62 Collins Street, Kangaroo Flat Bendigo, Victoria 3555	\$240 per person Includes GST. (Resources purchased on the day will attract 10% discount)

Presenters: Sue King-Smith and Karen Bedford (please see our website for bios).

For more information, please phone (03) 5446 0500 or email info@innovativeresources.org

www.innovativeresources.org

Train: We run a free transit service from the Kangaroo Flat railway station (on the Melbourne to Bendigo line). Just let us know what time your train gets in and we will collect you.

Parking: Free parking available on site.

Catering: Morning and afternoon tea, and lunch will be provided. Please advise of any special dietary requirements.

St Luke's Innovative Resources, 62 Collins Street, Kangaroo Flat, Victoria 3555.

CANCELLATION POLICY: Registrations cancelled more than five working days prior to the commencement of the workshop will incur a 25% administration fee. Registrations cancelled less than five working days prior to the commencement of the workshop will not be refunded. Workshops may be cancelled should participant numbers be insufficient. Innovative Resources will notify participants as soon as this decision is made and a full refund will be provided.

NOTE: Unless otherwise requested, your name and address may be added to our mailing list.