


SENSITIVE NEW-AGE CAVE PERSONS



Illustrator and Designer:
Ray Bowler


Author:
Russell Deal

MEN!

Are you comfortable with the roles you take on?
Which ones do you prefer and which ones are troublesome?
How do you resolve the conflicts that arise when roles clash?


Being a bloke brings with it some challenges. Men sometimes struggle with questions of purpose, identity and fulfillment. Perhaps more than ever, men also face the challenge of juggling multiple roles—father, son, partner, brother, friend, grandfather and workmate.

The *Sensitive New Age Cavepersons* cards invite reflection and discussion about the stresses and pressures faced by modern men. Each of the 54 comical Neolithic characters offers cues to help build conversation about skills, strengths, values, resources, hopes and dreams.



Seriously Optimistic materials
FOR LIFE CHANGING CONVERSATIONS

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SOME QUESTIONS TO USE WITH THE CARDS

- Which of the cards identify an important part of your life now?
- Have some of the roles named in the cards been more important to you in the past?
- Do you think some of the cards will be more relevant in say, 5 or 10 years?
- Of the cards (roles) that are important in your life right now, do any compete for your time and attention?
- Are there roles that cause conflict or stress?
- Which roles are the most challenging?
- Which are the most fulfilling?
- Which ones would you like to devote more time to?
- How would you lay them out in order of importance to you right now?
- How did you learn these various roles? Who were your teachers?



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