

# TOOLS OF THE TRADE



In this highly interactive workshop participants will experiment with a wide range of original, Australian-made resources for opening up meaningful conversations with children, youth, families and adults. With a unique mix of playfulness and soulfulness, this workshop aims to deliver a hands-on experience of the role of artifacts and visual metaphors in adding potency to conversations about strengths, hopes, goals, values, relationships, feelings and the changes people want to make in their families, organisations and lives.

## AUDIENCE

Child, youth and family workers, counsellors, teachers, psychologists, parenting educators, foster carers, psychologists, youth workers, life coaches, mentors and anyone who works with children, youth, adults, families and communities.

## CONTENT ELEMENTS

- Creative ways to use resources to identify, mobilise and celebrate strengths
- The importance of building emotional vocabularies
- Storytelling as the fabric of counselling, therapy, team and community building
- The latent power of visual metaphors to enhance conversations
- Different learning styles and questioning techniques to invite curiosity, reflection and conversation
- Elements for creating respectful, inclusive, safe environments for conversations and groups.

## LEARNING OUTCOMES

Participants will have the opportunity to:

- take away a range of practical, immediately-applicable ideas and activities for using resources in their work
- build their knowledge of various strengths-based, solution-focussed questioning styles and techniques to open up conversations and keep groups safe
- understand the role of creativity in preventing burn out
- take account of different learning styles, language forms, metaphors and visual elements
- gather ideas for using resources to build teams as well as organisational culture
- learn about strengths-based, solution-focused principles
- refresh their enthusiasm to try new things in their work
- learn about strengths-based, solution-focused principles and skills to apply in facilitating conversations.

## PRACTICE KNOWLEDGE

This workshop uses an array of active learning techniques to demonstrate creative ways to invite children, youth and families to engage in meaningful conversations through consideration of safe spaces, Circles technology as well as elements of Brief Therapy, Choice Theory and Appreciative Inquiry. It emphasises agency, collaboration and respectful humour. It embeds strengths-based, solution-focused and narrative ideas and methods. It draws on the power of metaphor and visual elements, as well as understandings of emotional intelligence, multiple learning styles, adult learning and group facilitation principles.

## RESOURCES USED IN THE WORKSHOP

- Original, Australian-made card sets, stickers and picture books created especially for building conversations about feelings, strengths, values, goals and positive relationships including:
- *Two Worlds* (conversations with kids and families navigating separation/divorce)
- *Positive Parenting Cards* (parenting stories, hopes and goals)
- *Our Scrapbook of Strengths* (the 'glue' of community resilience)
- *Baby Strengths, Strength Cards for Kids* and many more
- quotes, music, poetry and games.
- Participants will leave with a set of resource notes

## DURATION

Full-day

“With a unique mix of playfulness and soulfulness, this workshop aims to deliver a hands-on experience of the role of artifacts and visual metaphors in adding potency to conversations about strengths.”



# Tools of the Trade Registration Form



Please fax or send registration form and payment to:

**Innovative Resources** 62 Collins Street Kangaroo Flat, Victoria 3555 Australia, or fax (03) 5447 2099.

Full payment is required at the time of registration to secure your place in any of the activities.

If paying by cheque please make payable to: Innovative Resources.

Name (one form per person): .....

Organisation: .....

Address: ..... Postcode: .....

Phone: (.....) ..... Fax: (.....) .....

Email: .....

Payment by: ☐ Invoice (organisations only). Please forward a copy of this form with any correspondence

☐ Cheque ☐ Visa card ☐ Master card

Card Number \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expires \_\_\_\_ / \_\_\_\_ CVV No. \_\_\_\_\_

Full name on card \_\_\_\_\_ Signature \_\_\_\_\_

Date	Workshop	Location	Cost
	Tools of the Trade (1 day)	62 Collins St, Kangaroo Flat, Vic	\$217.80 (inc GST)

- Session starts at 9.30am and finishes at 4.00pm
- Morning tea and afternoon tea is provided (lunch is not supplied)
- All workshop fees are GST inclusive
- A free shuttle is available from Kangaroo Flat railway station

**Please advise of any dietary requirements** .....

**CANCELLATION POLICY:** A full refund will be given if notice of cancellation is received in writing up to 10 working days prior to a workshop. Registrations cancelled between 5 and 10 days prior to the commencement of the workshop will incur a 25% administration fee. Fees for registrations cancelled less than five working days prior to the commencement of the workshop will not be refunded. Workshops may be cancelled should participant numbers be insufficient. Innovative Resources will notify participants as soon as this decision is made and a full refund will be provided. NOTE: Unless otherwise requested, your name and address may be added to our mailing list.