

NEXT STEPS: TOOLS FOR CREATING CHANGE

It may be an old axiom but the concept of change being life's great constant rings true for many of us.

Those of us who work in human services often find ourselves having a role to play in bringing about change. This thought-provoking and highly interactive workshop will explore a range of strengths-based, solution-focused tools and strategies that can be used with clients and colleagues alike. Whether we use terms like 'goal-setting', 'desired outcomes', 'hopes', 'dreams' or simply 'next steps', this workshop will be a chance to fill your 'change tool-box' with new ideas.



AUDIENCE

This workshop is suitable for social workers, teachers, counsellors, psychologists, life coaches, trainers, managers, supervisors and team builders—anyone who works with people in human services environments.

CONTENT ELEMENTS

This workshop will include:

- a brief revision of strengths-based practice theory and the connection between this approach and supporting change
- small and large group discussion on what gets in the way of change and the role workers have to facilitate removal of barriers
- an exploration of how conditions for change can be created and maintained
- practice using a range of tools and resources that enable having 'where to' conversations with the people we work with (including column approaches, listing and questioning techniques)
- thinking about the role of story-telling in conversations about change
- how to have non-problem talk conversations that move from long-term goals to do-able next steps.



PRACTICE KNOWLEDGE

The tools and strategies explored in this workshop draw upon strengths-based approaches to practice, solution-focused brief therapy and positive psychology as well as the wisdom, practice experience and expertise of the participants themselves.

RESOURCES USED IN THE WORKSHOP

Drawn from *Views from the Veranda*, *Growing Well*, a range of strengths and feelings card sets, *Picture This*, *Next Steps*, *Postcards*, *Paperworks*, *The Scaling Kit* and other tools for noticing change.

DURATION

One day, 9.30am—4pm
Morning and afternoon teas and lunch included

FACILITATOR

Andrew Shirres has a Bachelor's Degree and a Post Graduate Diploma in Fine Arts, a Bachelor of Social Work, a Diploma of Management and a Cert IV in Training and assessment. He is a highly experienced facilitator of 'strengths-based practice', delivering workshops across many community and social service sectors throughout Australia. Through his training and group facilitation work Andrew has developed a myriad of skills and experiences to share with new and seasoned practitioners. Andrew's commitment and dedication to reflective practice have earned him great respect while working extensively in both service delivery and management for more than 10 years. He is a facilitator of 'strengths approach' learning and skills development for individuals, teams and organisations. Andrew is the practice development coach at St Luke's Innovative Resources.



Next Steps: Tools for Creating Change Registration Form



Please fax or send registration form and payment to:

St Luke's Innovative Resources, 62 Collins Street, Kangaroo Flat, Victoria 3555,
phone (03) 5446 0500 or fax (03) 5447 2099. Full payment is required at the time of registration
to secure your place. If paying by cheque please make payable to: St Luke's Innovative Resources.

Name (one form per person):

Organisation:

Address: Postcode:

Phone: (.....)..... Fax: (.....).....

Email:

Special Dietary Requirements:

Payment by: Invoice (organisations only). Please forward a copy of this form and any
correspondence to: **training@innovativeresources.org**

Cheque Visa card Master card

Card Number _____ / _____ / _____ Expires _____ / _____ CW No. _____

Full name on card _____ Signature _____

Date	Workshop	Location	Cost
Thursday 11 October 2018; 9.30am—4.00pm	Next Steps: Tools for Creating Change	Innovative Resources Training Room 62 Collins Street, Kangaroo Flat (Bendigo) Victoria 3555	\$240 per person Includes GST.

For more information, please phone (03) 5446 0500 or email training@innovativeresources.org

www.innovativeresources.org

Train: We run a free transit service from the Kangaroo Flat railway station (on the Melbourne to Bendigo line).
Just let us know what time your train gets in and we will collect you.

Parking: There is plenty of free parking available on site

Catering: Morning and afternoon tea, and lunch will be provided. Please advise of any special dietary requirements.

CANCELLATION POLICY: A full refund will be given if notice of cancellation is received in writing up to 10 working days prior to a workshop. Registrations cancelled between 5 and 10 days prior to the commencement of the workshop will incur a 25% administration fee. Fees for registrations cancelled less than five working days prior to the commencement of the workshop will not be refunded. Workshops may be cancelled should participant numbers be insufficient. Innovative Resources will notify participants as soon as this decision is made and a full refund will be provided.

NOTE: Unless otherwise requested, your name and address may be added to our mailing list.